



• **Teaching and Learning Together Online  
in Challenging Times** •

**Presenter: Annie O'Shaughnessy, M.Ed.**

*Target Audience: Educators who facilitate online learning for middle school through adult learners*

Shifting from in-person to virtual teaching can be an intimidating step. How is it possible to create meaningful, inclusive, authentic, and energizing engagement online? By applying principles gleaned from trauma-informed practices, mindfulness, social and emotional learning, and restorative approaches, you can create learning experiences that leverage the advantages of online training and energize and inspire both you and the participants. In this interactive webinar you will explore several different frameworks for organizing your time, experience what these frameworks feel like as a learner, and gather in small cohorts to share takeaways and insights.

*Annie O'Shaughnessy supports schools to develop integrated, human-centered approaches to school change that center on the interdependence of mindfulness, restorative practices, social-emotional learning, trauma informed practices, and equity. She is a certified secondary English teacher with an M.Ed. in Mindfulness for Educators and a certification in basic and advanced trauma informed practices from the Center for Adolescent Studies. In addition to consulting, Annie is an adjunct instructor at Saint Michael's College, Colchester, Vermont, where she is launching a Certificate Program in Holistic Restorative Education.*

*This webinar series is best attended live, so that learning can occur in real-time with other participants. If the dates and times do not work for you, a recorded version of this event will be made available for a fee on our website.*

**Dates:** September 16, 2020  
**Type:** Live webinar  
**Time:** 3:00 - 5:00, 2 professional learning hours  
**Cost:** \$70

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