



• **Early Childhood Trauma: Causes, Impacts, and Effective Strategies for Addressing Relationships with Children and Their Families** •

Presenter: Jennifer Auletta, MA, LCMHC, BC-DMT

Who Should Attend: *Early Childhood Teachers, Early Interventionists and Early Childhood Special Educators, Early Childhood and Family Mental Health Providers working with children 0-6*

The growing body of neuroscience research shows that crucial support and interventions, before a child turns 3 years old, yields the best potential outcomes for children with trauma. As this becomes more mainstream knowledge, early childhood educators and mental health providers are challenged to incorporate this knowledge, as well as effective practices, into their work with children and families.

This workshop will provide participants with:

- an overview of current research on the N.E.A.R. sciences (neuroscience, epigenetics, adverse childhood experiences, and resiliency);
- opportunities to reflect on their own and their workplace's trauma-informed/ trauma-transformed practice;
- opportunities to reflect on compassion fatigue and learn strategies for self-care;
- exposure to multi-modal interventions to address symptoms and behaviors related to developmental, chronic and acute trauma responses in children, as well as how to work with families; and
- plenty of time for case studies, sharing of examples, exploration of interventions, and planning for integration of ideas for working with families with children who have experienced trauma.

This workshop is approved for 6 CEUs with the VT Board of Psychological Examiners.

Jennifer Auletta, MA, LCMHC, BC-DMT, has worked in Central Vermont for more than 15 years as a licensed clinical mental health counselor and dance/movement therapist. In her current position as the Clinical Services Director of The Family Center of Washington County, she extends support to the Family Center's home visitors and early childhood educators through clinical consultation, direct service work with families, and creating an agency-wide trauma-sensitive framework.

Date: January 25, 2019
Location: Capitol Plaza
Montpelier, Vermont
Cost: \$190 (lunch included)
Time: 8:30-3:30

Please inquire with Capitol Plaza reservations (802-223-5252) about discounted hotel rates for the evening prior to this event.



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