



**VERMONT
HIGHER EDUCATION
COLLABORATIVE**

www.vthec.org

802-498-3350

• Trauma Informed Care •

**Recognizing, Understanding, and Supporting Children
and Adolescents with Trauma**

Presenters: Tiffiny Hubbard & Terry Starkey

Adults who work in educational and mental health professions all know students who are explosive, aggressive or defiant, often without an apparent triggering event. They have seen children who have difficulties focusing on or finishing tasks, kids who regularly attempt to avoid school work or particular environments, and youngsters who can instantaneously change from being calm and cooperative to being angry and rude. Children with these and other challenging behavior patterns may well be responding from a history of trauma, even though the trauma may have occurred during infancy.

The presenters of this two-day workshop will discuss the nature and neurology of trauma, common characteristics of children with a trauma history, events that may trigger a reactive response, and emotional and behavioral supports that can be helpful for children and adolescents who have been traumatized or who present indicators of possible trauma.

This will be an interactive workshop with regular small group break-out sessions and group discussions. The participants are encouraged to come with examples of students they know who may have a trauma history. These case studies will become a vehicle for discussing emotional and behavioral support strategies.

Dates: November 9 & 10, 2016
Place: Hampton Inn
Colchester, VT
Cost: \$380 for 2-day workshop
Time: 8:30-3:30



Learn more and register at: <http://www.vthec.org>