



**• Creating Trauma-Transformed Early Childhood Settings •  
Integration and Application**

**Presenter: Jennifer Auletta, MA, LCMHC, BC-DMT**

***Target Audience:** Early childhood educators (0-5), including: teachers, nurses, interventionists, special educators, and childhood and family mental health providers who are newer to the study of trauma or who would like a refresh on this study or who have taken Part 1. Teaching teams are encouraged to attend together for application of concepts/interventions from the day.*

**Part Two: Creating Trauma-Transformed Early Childhood Settings: Integration and Application**

Early childhood educators and professionals across Vermont are increasingly educating themselves on trauma informed practices. How do we take our study of neurobiology, attachment and trauma-informed practices from theories and models into daily practice in our childcare classrooms and educational settings? Bring yourself and your team to this WORKshop to do just that.

Participants will:

- Review neurobiology of trauma, resilience and healing in relationships;
- Review how understanding of attachment theory and use of co-regulation practices can positively affect behavior;
- Explore how to best integrate understanding of early childhood trauma-informed practices with evidence-based models and theories, including: MTSS (Multi-Tiered Systems of Support); ARC (Attachment, Regulation and Competency); and SFPP (Strengthening Families Protective Factors);
- Practice thinking thematically, i.e. use of developmental theory/tasks combined with creative multi-modal interventions to address symptoms and behaviors. These will include body, movement, music and play-based practices for classroom and home-based settings; and
- Engage in small group work to include: case studies, reflective practice and time for application of ideas to start using on Monday with children and parents/caregivers.

*Jennifer Auletta has worked in Central Vermont for 20 years as a licensed clinical mental health counselor and dance/movement therapist, specializing in trauma recovery work, early childhood trauma, and perinatal mental health. Her current position, as a community health team clinician embedded in a primary care office, allows her to bring her body/mind orientation to make healing connections between physical and emotional health.*

**Dates:** March 11, 2020

**Location:** Holiday Inn ~ Rutland, VT

**Cost:** \$190/workshop (lunch included)

**Time:** 8:30-3:30

[Register for Day Two](#)

Fire can warm or consume, water can quench or drown, wind can caress or cut.

And so it is with human relationships: we can both create and destroy, nurture and terrorize, traumatize and heal each other.

Bruce Perry