



• **Designing LGBTQ and Inclusive  
Sexual Health Education** •

**Presenters:** Amanda Rohdenburg and Mara Iverson

**Audience:** Any middle or high school educator/leader responsible for teaching or informing students about sex education topics (e.g., classroom teachers, teachers of health, PE, biology, school nurses, guidance counselors, etc.)

**Description:** Sexuality Education is one of the most important and valuable topics taught in school. Students use their learning to help them make informed, healthy choices for a lifetime. However, preparation for educators who teach sex ed is often inconsistent and outdated. In this workshop we will discuss skills and lesson plans aimed at making sex ed inclusive of people of all genders and sexualities. We will learn how to use gender inclusive language in teaching about bodies and relationships, clarify how to educate on gender identities and sexual identities, and practice delivering a lesson on LGBTQ+-inclusive barrier methods.

*Amanda Rohdenburg is the Director of Advocacy at Outright Vermont. After earning a BA in Gender Studies and Political Science from Saint Michael's College, Amanda provided support and prevention education to communities in Franklin and Grand Isle counties through Voices Against Violence. She has been an advocate for queer and trans youth with Outright Vermont since 2014.*

*Mara Iverson is Director of Education at Outright Vermont, a statewide LGBTQ+ youth advocacy organization. She has worked at universities in Pennsylvania, Texas, and Vermont and has 15 years of LGBTQ+ advocacy and education experience. Mara also works in advocating for racial justice and understanding and managing implicit bias.*

**Dates:** February 14, 2019

**Place:** Capitol Plaza  
Montpelier, VT

**Cost:** \$190 (lunch included)

**Time:** 8:30 – 3:30

Please inquire with Capitol Plaza reservations (802-223-5252) about discounted hotel rates for the evening prior to this event.

