

Transcript Review Worksheet

5440-31 Health Education

The holder is authorized to teach health education in grades PK-8, 5-12, or PK-12, as specified on the endorsement.

Name: VERMONT HIGHER EDUCATION COLLABORATIVE

Add Endorsement

Program Audit

Please note that the transcript review worksheets indicate only the endorsement competencies that must be met. There may be additional jurisdictional requirements.

For a full list of requirements, please consult the [Rules Governing the Licensing of Educators](#).

Content Topic	College/ University	Course Number
2.1. Demonstrates knowledge of health and health education concepts and skills delineated in current national professional standards, in SHAPE America – National Standards for Initial Health Education Teacher Education (2018) and in National Health Education Standards, Center of Disease Control (CDC) Health Education Curriculum Analysis Tool (HECAT) and National Sexuality Education Standards including:	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
2.2. Process for implementing teaching skills-based Health Education	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)

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		<p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>2.3. Teaching Health Skills (Interpersonal communication, media literacy, advocacy, analyzing influences, decision-making, goal-setting, and accessing health information, products, and services)</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>2.4. Human development, including the typical progression of early childhood through early adolescent development (for PK-8) and/or early adolescent through adult growth and development</p>		<p>No coursework offered through VT-HEC to address these competencies</p>

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(for 5-12), and age-appropriate indicators of intellectual, physical, social and emotional health for each stage of development		
2.5. Human body structure and functioning		No coursework offered through VT-HEC to address these competencies
2.6. Personal health (mental, physical, social intellectual, and the value of annual well care visits and healthful stress maintenance skills)	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Concepts in Personal & Community Health (3) Secondary courses that address this content: <ul style="list-style-type: none"> ● Substance Use and Misuse Prevention (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3)
2.7. Nutrition (basic nutrition concepts, nutrient needs, dietary guidelines for Americans, and common nutritional problems of children and adults, including disordered eating)	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Nutrition and Food Education (3)
2.8. Physical activity (the health benefits of physical activity, research on physical activity and academic performance, factors that influence participation in physical activity, and strategies for collaborating with physical education colleagues to promote physical activity)	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Nutrition and Food Education (3) Secondary course that addresses this content: Concepts in Personal & Community Health (3)

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2.9. Disease (etiology of diseases, including their origins, progression, diagnosis, treatment, and prevention, [e.g. immunizations] HIV/AIDS and other sexually transmitted infections)	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Courses that assess this competency:</p> <ul style="list-style-type: none"> • Concepts in Personal & Community Health (3) • Human Sexuality and STD Prevention Education (3) <p>Secondary course that addresses this content: Principles, Methods and Assessments for Effective Health Education (3)</p>
2.10 Intentional and unintentional injury prevention (safety issues and violence prevention, including bullying harassment, sexual abuse, and physical and mental/emotional trauma)	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Courses that assess this competency:</p> <ul style="list-style-type: none"> • Promoting Personal Health & Safety Through Prevention of injury & Violence (3) • Human Sexuality and STD Prevention Education (3) <p>Secondary course that addresses this content: Principles, Methods and Assessments for Effective Health Education (3)</p>
2.11 Alcohol, tobacco, marijuana, and other drugs (physiological, psychological, and sociological effects of substance use and abuse on the individual, family, and society; legal issues; and curriculum and teaching strategies for effective substance abuse prevention)	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Course that assesses this competency Substance Use and Misuse Prevention) (3)</p> <p>Secondary course that addresses this content:</p>

Content Topic	College/ University	Course Number
		Human Sexuality and STD Prevention Education (3)
2.12 Family health and comprehensive sexuality education (issues of human growth and development, families, relationships, reproductive health, abstinence, premature sexual activity, contraception, adolescent pregnancy, childbirth, adoption, and abortion)	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Human Sexuality and STD Prevention Education (3)
2.13 Community and consumer health (media literacy, advocacy, and accessing health information, products, and services)	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Concepts in Personal & Community Health (3) Secondary courses that address this content: <ul style="list-style-type: none"> ● Substance Use and Misuse Prevention (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
3.1. Planning: Plan relevant and meaningful school health education instruction and programs that are sequential and aligned with national standards and leads students to health education proficiency	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3) Secondary courses that address this content: <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention (3)

Content Topic	College/ University	Course Number
		<ul style="list-style-type: none"> • Promoting Personal Health & Safety Through Prevention of injury & Violence (3)
<p>3.1.1. Collect and analyze data (e.g., Youth Risk Behavior Survey, School Health Index results) to plan relevant school health instruction and programs that meet the diverse needs of all learners and the community.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> • Nutrition and Food Education (3) • Promoting Personal Health & Safety Through Prevention of injury & Violence (3) • Human Sexuality and STD Prevention Education (3)
<p>3.1.2. Design a logical scope and sequence of meaningful, comprehensive and challenging learning experience that meet the diverse needs of all learners.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p>
<p>3.1.3. Construct measurable, developmentally appropriate, performance-based objectives that are aligned with the national standards.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> • Nutrition and Food Education (3)

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		<ul style="list-style-type: none"> ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>3.1.4. Plan instruction that facilitates skill development and application of functional health knowledge for all learners.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>3.1.5. Collaborate and design health education instruction and programs that integrate components of the Whole School, Whole Community, and Whole Child (WSCC) Model.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Concepts in Personal & Community Health (3)</p> <p>Secondary course that addresses this content:</p>

Content Topic	College/ University	Course Number
		Nutrition and Food Education (3)
3.1.6. Plan instruction that incorporates technology, media and other appropriate resources in order to enhance student’s digital literacy and to engage all learners	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
3.2. Implementation: Implement a range of school health education proficiency-based learning instructional strategies, while incorporating technology, to support student learning.	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention

Content Topic	College/ University	Course Number
		<p>of injury & Violence (3)</p> <ul style="list-style-type: none"> • Human Sexuality and STD Prevention Education (3)
<p>3.2.1. Use a variety of instructional strategies to facilitate students' development of health-related skills and their application of functional health knowledge in order to meet the needs of all students.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> • Nutrition and Food Education (3) • Substance Use and Misuse Prevention) (3) • Promoting Personal Health & Safety Through Prevention of injury & Violence (3) • Human Sexuality and STD Prevention Education (3)
<p>3.2.2. Implement instructional strategies that incorporate technology, media and other appropriate resources to enhance student learning and engage all learners.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> • Nutrition and Food Education (3) • Substance Use and Misuse Prevention) (3)

Content Topic	College/ University	Course Number
		<ul style="list-style-type: none"> ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>3.2.3. Implement instructional strategies that support all learners regardless of race, ethnic origin, gender, gender identity, gender expression, sexual orientation, religion, cognitive ability or physical ability, in order to create and sustain a productive, inclusive and supportive learning environment.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>3.2.4. Apply communications skills, feedback and classroom management strategies equitably to promote a safe, inclusive and supportive learning environment that meets the needs of all learners.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p>
<p>3.2.5. Reflect on student learning outlines and instructional practices, and</p>	<p>Vermont State University</p>	<p>Primary Course that assesses this competency:</p>

Content Topic	College/ University	Course Number
adjust lessons to meet the needs of all learners.	(in partnership w/ VT-HEC)	Principles, Methods and Assessments for Effective Health Education (3)
3.3. Assessment: Use multiple methods of assessment to plan instruction, engage all learners, monitor learner progress, provide meaningful feedback, and reflect on and adjust units and lessons to enhance the acquisition of functional health knowledge and health skills proficiency for all learners.	Vermont State University (in partnership w/ VT-HEC)	<p>Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
3.3.1. Analyze and select assessment strategies, tools, and technologies to determine their appropriateness for enhancing learning of all students.	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency: Principles, Methods and Assessments for Effective Health Education (3)
3.3.2. Implement a variety of formative and summative assessments, aligned with proficiency-based learning principles, that measure and monitor students' progress, and to accommodate the needs of all students.	Vermont State University (in partnership w/ VT-HEC)	Primary Course that assesses this competency Principles, Methods and Assessments for Effective Health Education (3)
3.3.3. Use assessment data to plan instruction, analyze student learning, reflect on implementation practices,	Vermont State University	Primary Course that assesses this competency:

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<p>provide meaningful feedback and adjust units and lessons so they meet the needs of all students.</p>	<p>(in partnership w/ VT-HEC)</p>	<p>Principles, Methods and Assessments for Effective Health Education (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Nutrition and Food Education (3) ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3) ● Human Sexuality and STD Prevention Education (3)
<p>3.4. Advocates for health education as an essential component of the school community that supports the diverse needs of all learners and contributes to the school’s mission.</p>	<p>Vermont State University (in partnership w/ VT-HEC)</p>	<p>Primary Course that assesses this competency: Concepts in Personal & Community Health (3)</p> <p>Secondary courses that address this content:</p> <ul style="list-style-type: none"> ● Substance Use and Misuse Prevention) (3) ● Promoting Personal Health & Safety Through Prevention of injury & Violence (3)

NOTE

Educators seeking to earn this endorsement must complete the following requirements:

1 National Life Drive, Davis 5
Montpelier, VT 05602 (p) 802-479-1700 | (f) 802-479-1301

- Hold current certificates in First Aid full or compression only cardiopulmonary resuscitation (CPR) and the use of an Automated External Defibrillator (AED).
- A minimum of a practicum, or the equivalent, in health education at the elementary (PK-8) or middle/secondary (5-12) instructional level, depending on the authorization sought. For the Full PK-12 authorization, minimum practicum, or the equivalent in health education at both the PK6 and 7-12 instructional levels is required. (A practicum is defined as sixty hours of supervised field experience.
- **REQUIRED TESTING;** Praxis II Subject Assessment: Health - Test Code 551.