



VERMONT HIGHER EDUCATION COLLABORATIVE

The Vermont Higher Education Collaborative (VT-HEC) Presents...

*High-quality professional development with well-known local and national experts
focused on Anxiety, Behavior, Trauma, and Equity*

David Melnick, LICSW, has become one of VT's most valued resources in the area of trauma. These two days will focus on the impact that chronic trauma has on the developing child and provide interventions and strategies designed to support a positive school culture and climate for all students.

[Transforming Trauma: How Schools Become Healing Communities](#)

September 26 and October 22: Lake Morey Resort, Fairlee, VT

Lynn Lyons, LICSW, is an author, therapist and expert on anxiety in kids & families. This workshop will demonstrate HOW to interrupt anxiety's cognitive patterns with simple, process-based strategies that offer an alternative to techniques that inadvertently support avoidance of anxious symptoms.

[Interrupting the Worry Cycle: Advanced Strategies for Managing Anxious Students \(& Parents\)!](#)

October 10 & 11: Stoweflake Resort, Stowe, VT

Jon Udis, M.Ed., Jon Udis has worked as a classroom teacher, public school principal and residential treatment education director. Participants will explore assumptions about why adult-student power struggles occur and learn adult responses and de-escalation strategies to productively resolve conflict.

[Power Struggles: What to do When a Student Says, "Make Me!"](#)

November 15: Capitol Plaza, Montpelier, VT

Paul Gorski, Ph.D., is a writer, professor, and founder of [EdChange](#), a team of passionate, experienced educators dedicated to educational equity and justice. The VT-HEC Mission Investment Fund is sponsoring this 2-day presentation, which will be followed by three spring days focused on gender, race and poverty.

[The Equity Literacy Approach: Becoming a Threat to Inequity in Classrooms and Schools](#)

November 1 and 2: Capitol Plaza, Montpelier, VT

Jennifer Auletta, MA, LCMHC, BC-DMT, will share valuable resources and experiences, provide an introduction to the impact of trauma, and offer concrete strategies to support young children and their families.

[Early Childhood Trauma: Causes, Impacts, and Effective Strategies for Addressing Relationships with Children and Their Families](#)

November 30: Capitol Plaza, Montpelier, VT

The VT-HEC is one of Vermont's largest statewide providers of professional development focused on the education, health and well-being of children and youth.

Registration for all fall workshops and courses is open!

Use our [website](http://vthecc.org) (vthecc.org) for registration, and [Facebook](#) and [Twitter](#) for additional news, resources, articles, etc.