VERMONT
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VT-HEC
15th Anniversary
2000-2015

ASD & all the Other Ds!

Autism and Co-existing Challenges

Presenter: Teresa Bolick, Ph.D., BCBA-D

The increased prevalence of autism spectrum disorders is now fairly common knowledge. A lesser known finding is that a remarkable number of individuals with ASD have been diagnosed with other disorders as well. Attention deficit hyperactivity disorder, anxiety, and depression are more commonly diagnosed in individuals with ASD than in the general population. Other individuals with ASD show cognitive or social/emotional differences that do not meet full criteria for separate diagnoses.

This workshop will describe the co-existence of ASD and other disorders as well as challenges that may not be recognized as separate diagnoses (such as anxiety or inefficient executive functions). The bulk of the workshop, however, will focus upon practical assessment and intervention strategies for school, home, and community. As a result of attending, participants will be able to:

- Identify and describe the co-existing conditions that are most common in children and adolescents with diagnoses of autism spectrum disorders;
- Describe a systematic approach to understanding the cognitive, emotional, social, and behavioral challenges of individuals with co-existing disorders;
- Identify evidence-based educational, psychosocial, and behavioral interventions for co-existing challenges.

Date: **December 4, 2015**

Time: **8:30-3:30**

Place: **Capitol Plaza,**

Montpelier, VT

Cost: **$175 (includes lunch)**

Dr. Bolick is a licensed psychologist and board certified behavior analyst with a special interest in autism spectrum disorders. Dr. Bolick provides evaluation and treatment to children, adolescents, and their families. She consults frequently to schools in New England. An enthusiastic speaker, Dr. Bolick presents workshops for parents, paraprofessionals, and professionals across North America. In addition, she provides instruction in Rivier University graduate program for ASD and in the NH LEND program. Dr. Bolick is the author of Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World and Asperger Syndrome and Young Children: Building Skills for the Real World as well as numerous articles and book chapters. In her free time, Dr. Bolick enjoys running, Pilates, spectator sports, reading, and spending time with family and friends.

Registration opens August 10th at: http://www.vthec.org